



# 2024 RUNNER'S GUIDE

CLEAR LAKE, TX

SATURDAY, JULY 20, 2024



# 2024

## Calendar of Events

BY RUNNERS  
FOR RUNNERS

*Includes Texas Bridge Series*

*Mark your  
calendar  
for these  
upcoming  
events!*



The Kemah Bridge  
Kemah

The Galveston Causeway  
Galveston

The Fred Hartman Bridge  
La Porte

**NEW FOR 2024**



**Beneezy Purple Monkey – August 31, 2024**



**Kemah Toughest 10K  
September 15, 2024**



**Galveston Toughest 10K  
October 20, 2024**



**Boo Dash  
October 26, 2024**



**La Porte By the Bay  
November 17, 2024**



## PACKET PICK-UP

Please be prepared to give volunteers *THE EXACT NAME YOU REGISTERED UNDER*, not your bib name, nickname, maiden or married name if you did not use it to register.

### Packet Pick-Up Schedule

**Friday, July 19**

11 AM – 5 PM sharp

On The Run

2427 Bay Area Blvd.

Houston, TX 77058

281-470-5388

### LUNAR LANDING 5K AND KIDS 1K

#### RACE DAY PACKET PICK-UP

Clear Lake Recreation & Community Center

16511 Diana Lane (race site)

Houston, Texas 77062

(Nassau Bay)

**New Balance is offering a 25% discount on all New Balance shoes and apparel purchased at the time of packet pickup at On the Run.**

### RACE DAY, SATURDAY, JULY 20

#### REGISTRATION

6 – 6:45 AM

(cash/credit card accepted)

#### RACE DAY PACKET PICKUP

6– 6:45 AM on site

*Please arrive early*



**PLEASE NOTE:** The time before the race is hectic, and we have only so many volunteers to help. If you wait until race day to pick up your packet, contents are not guaranteed. Arrive early enough before the race to check your bag and to attach your chipped bib. Picking up your packet during scheduled packet pick-up times in advance is ALWAYS preferable, both for you and for everyone on race morning.

## Lunar Landing: one of mankind's greatest accomplishments

Apollo 11 was the spaceflight that landed mission commander Neil Armstrong and pilot Buzz Aldrin, both American, on the lunar module Eagle on July 20, 1969, at 20:17 UTC. Armstrong became the first person to step onto the lunar surface six hours after landing on July 21 at 02:56:15 UTC; Aldrin joined him about 20 minutes later. Michael Collins piloted the command module Columbia alone in lunar orbit while they were on the Moon's surface.



# new balance

Independent since 1906, we empower people through sport and craftsmanship to create positive change in communities around the world

# ON THE RUN

## CLEAR LAKE, TEXAS

### Texas' Premier Running Specialty Stores

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281.480.5388

#### BEAUMONT

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409.861.1595

<https://ontheruntx.com>

We are Houston, TX based shoe sellers, runners & triathletes that are all about a great fit, great quality, and great customer service. Founded in 2003, we specialize in gait analysis and have a combined 30+ years experience fitting runners and walkers of all skill levels and injury types. We also work closely with a number of local Clear Lake/League City/Houston area running and multisport clubs.

**Come by and see us!**





## Race Location

Clear Lake Recreation & Community Center  
16511 Diana Lane.

### Parking Information

Runner parking is in the lot on Diana Lane associated with the Clear Lake Recreation and Community Center. Overflow parking is down the street (Diana Lane) in the Clear Lake City-County Freeman Library parking lot.

**Runner Parking**  
Clear Lake Recreation & Community Center

**Overflow Runner Parking**  
Clear Lake City County Freeman Library  
16616 Diana Lane  
Houston Texas, 77062



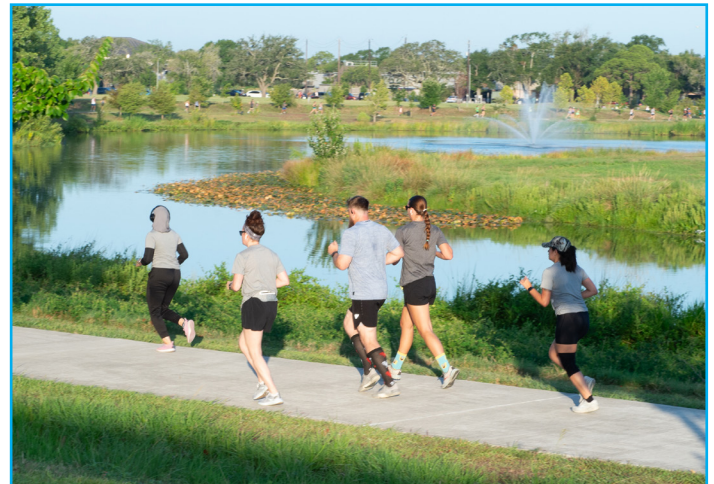


# SCHEDULE OF EVENTS JULY 20, 2024

## Start Times

- 7:00 AM** Kids 1K
- 7:00 AM** 5K (right after Kids 1K)
- 8:30 AM** Course closes (90 min. time limit)
- 8:30 AM** Post Race Party

An official race photographer will be on the course and at the finish.



**New Balance Shoes and Apparel 25% OFF!**  
**Only at On the Run Clear Lake during Packet Pick-Up!**  
2427 Bay Area Blvd., Houston, TX 77058  
Friday, July 19, 2 – 6 p.m.

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### Timing Chip

Your timing chip is already attached to the back of your race bib. Please use the pins provided in your packet to secure your bib to the **FRONT** of your shirt.

**Do not bend or fold** your bib.

The timing chip is disposable and does not need to be removed or returned to us after the race.

### NO BIB, NO TIME!

All participants must wear their bib on the front in a way that it can be seen by course officials in order to receive an official finish time when crossing the finish line. If you lose or forget your bib on race day there is a \$10 replacement fee.



Timing chip is already attached to back of race bib.



### Bib and Timing

- Running with a bib not registered in your name will result in a two year suspension.
- All participants must wear their bib on the front in a way that it can be seen by course officials. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib.
- Do not fold your bib, it will affect results and timing.

### EVERY SEASON STARTS AT



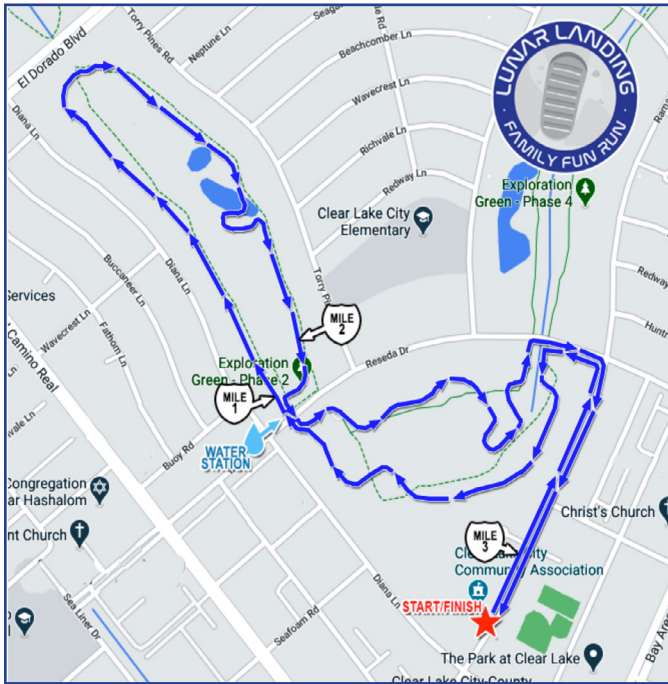

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## The Race Course



### Water Stops

There will be one water station along the 5K race course, in addition to the start/finish water station.

### Photography

An official race photographer will be on the course and at the finish. Make sure you smile for the photographer. Smiling faces will likely end up on our Facebook page or on our marketing materials.

### Race Time Limit

90 minutes

### Kids K

The Kids K is not a timed race. All kids receive a finisher medal.

### Course Markers

Visible mile markers will be positioned along the course.

### Race Etiquette

Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. Participants with strollers should also move to the back of the race pack. Run or walk no more than two abreast.



### Finish Line

Keep moving after you cross the finish line. Results will be posted on-site and also on the official race website at [www.runningalliancesport.org/lunar-landing5k/](http://www.runningalliancesport.org/lunar-landing5k/). Finisher's medal will be awarded just outside the finish line.

### Safety

Runners and walkers will be expected to follow directions and instructions of race officials. EMT personnel may be riding the course on bicycles. Please let them or any aid station personnel know if you are having any problems.

### Headphones

The RRCA (our insurance provider) has a written guideline against the use of personal music devices in running events, as such we discourage the use of headphones. If you do use headphones, please keep one ear free and listen for instructions from the race monitors.

### When will the race results be posted?

Usually the same day on our website, barring unforeseen acts of providence.



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## Frequently Asked Questions

### Where do I pick up my race packet?

See Packet Pick-Up on page 2.

### Where should I park?

See Parking on page 3.

### Can I register at Packet Pick Up? What about on race day? Do you accept credit cards at packet pick up and/or on race day?

Yes, if there are slots available, but we can't guarantee shirt/goodies bag.

### Can I pick up my friend's packet?

Yes you can. You only need the name they registered under to do so. Be sure to coordinate, we have had situations where someone picked up a packet for another and the original runner also showed up asking for their packet.

### Is there race day packet pick-up?

Official packet pickup schedule when announced is on the Packet Pick-Up page. We highly recommend packet pickup be completed on one of the designated days. However, we realize it may be impossible for a few people to pickup their packet at the official times. We will have limited packet pickup the morning of the race. You do not need to notify the Race Director if you need to pick up your packet on race day.

### Timing

Your chip will be on your bib, which you will get with your packet. The timing tag is attached to the back of your bib. All participants must wear their bib on the front in a way that it can be seen by course officials. Do not forget your bib on race morning. NO BIB, NO TIME. If you forget your bib, you will need to pay \$10 to replace it. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib.

### What if I forget my bib at home?

If you lose your bib or you forget it at home there will be a \$10 charge to reissue you a new bib.

### Will there be a place to leave a drop bag for the race?

No.

### I can no longer make it to the race. Can I get a refund?

There is NO RAINCHECK for this event. Your entry fee for this year's event CANNOT be transferred to next year's event, and there are NO REFUNDS, no exceptions. This policy stays in effect whether you are injured, have an unexpected business or family emergency, pregnancy, etc. There are NO exceptions. Seriously.

You CAN donate your entry to charity, you will get a cash donation receipt. Just let us know!

You can transfer your entry to another person for free before the bib name deadline, for \$10 while online registration is open and at Packet Pick-Up, and \$15 on race day. Please contact us to do so.

### Can you mail my race packet to me or can I pickup my packet after the race, even though I'm not going to run?

No. All unclaimed race packets will be given to late registrants at the race.

### What is the minimum age requirement and do you need a parents or guardian's consent to participate?

The minimum age for the 5K is 6 years, and we do need the signature of a consenting parent or guardian. No runner under the age of 12 may participate in the 5K or 5 Mile Run unless accompanied by an adult. There is no age limit for Kids 1K.

### I left early, but it looks like I won an award. Can you mail it to me?

No, we do not mail out awards after the race. You may be able to pick up your award at a designated location, usually one of the packet pick-up spots. Check with us via the Contact form.

### The shirt in my packet doesn't fit, can I exchange it for a different size?

We post deadlines for both bib name and shirt size selection, and order shirts in advance according to what you selected if you register by those deadlines. We estimate the remainder. If we have any extras after the race you are welcome to exchange, but if the race fills, extras for exchange are unlikely.

### Are strollers welcome?

Yes. We strive to make this event as family friendly as possible. Please be courteous to other runners by keeping to the back, being aware and staying clear of other runners.

### Are dogs welcome?

Yes. Please be courteous to other runners by keeping to the back, being aware and staying clear of other runners.

### Will there be Port-a-potties on the course?

Yes, every Aid Station will have Port-a-potties.

### I'm running, can my spouse/family volunteer?

Yes, we can use all the help we can get. They can sign up for the volunteer schedule [here](#).

### Will there be an after party, with food and drinks?

A. Definitely!



## Weather Contingency Plan

### Rain

The event will NOT be cancelled due to rain alone unless the downpour is such that athletes, police, and volunteers lose visibility making situations unsafe. If this occurs we will wait until the rain subsides and follow the same procedure listed for lightning conditions (minus the 30 minute rule). Athletes will be informed of such a change via announcements on race morning.

### Lightning

In the event of lightning the race will be postponed by 30 minutes every time lightning is spotted and thunder is heard within 6 miles of the event. Please note that every time lightning strikes and thunder is heard within 6 miles of the race site we must delay the start by 30 minutes.

### Tornado Warning

If at anytime before (race morning close to start time) or during the event, a tornado warning is issued, the race will be cancelled.

### On Course Cancellation

If the race is canceled due to storms (lightning and/or excessive rain) or tornado warnings while it is in progress, we will do everything in our power to alert everyone on the course. All police, SAG, and medical personnel will be made aware and do all they can to warn and SAG in all participants. We will also do everything in our power to assist those that are still on course. Those that are on course without means of rescue should seek immediate shelter via open stores, buildings, garages, homes and/or any other means of protection from

the dangerous conditions. If it gets bad and we are not there to help you off the course please do everything you can to keep yourself safe and take shelter.

Because of agreements with the Texas Department of Transportation and various municipalities regarding a fixed amount of time to have roads closed or in use or the time of public safety or law enforcement officials, Running Alliance Sport, at any time, reserves the right to shorten the distance of any of its races to comply, especially in dealing with inclement weather conditions that may make any course unavailable or unsuitable for runner participation.

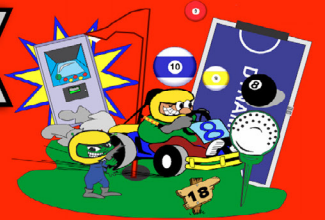
### Why does all of this seem familiar?

We are **Running Alliance Sport**, visit our site to see the list of our races! Our motto is, **For Runners, by Runners!**

# SPEEDY'S FAST TRACK

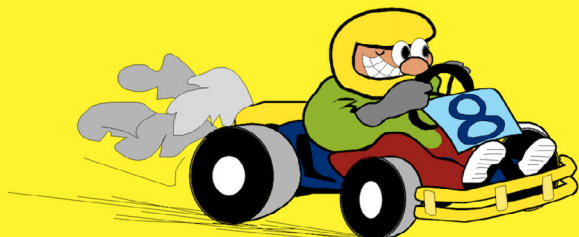
Family Entertainment Center

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## Business Hours

**Sunday - Thursday  
12:00pm - 10:00pm**

**Friday & Saturday  
12:00pm - 12:00am**

Hours subject to change without notice



## POST RACE PARTY

After you cross the Finish Line join us for the post race party.

There will be Food, Sodas, Water & Beer!

Awards, Give-a-ways & FUN!!!

Although there is no official costume contest, some runners find it great fun to show up in costume anyway. Space themes are especially popular!



# TEXAS 5K SERIES



NEW FOR  
2024!



**HIGH FIVE!**  
Run all 5 races  
and receive a  
commemorative  
special award!

For more details, visit:  
<https://texas5kseries.org>



## 2024 Calendar Texas 5K Series:

**SEABROOK LUCKY TRAILS**  
March 15, 2024

**YURI'S NIGHT HOUSTON**  
March 30, 2024

**TEXAS HEAT WAVE**  
July 4th, 2024

**LUNAR LANDING**  
July 20, 2024

**BENEEZY PURPLE MONKEY**  
August 31, 2024

# 2024

## Texas Bridge Series



The Texas Bridge Series is a series of three races, over three iconic Texas bridges in the greater Houston area. Run all three Bridge races, and earn a commemorative special item!

### TOUGHEST 10K KEMAH

Sunday, September 15, 2024

### TOUGHEST 10K GALVESTON

Sunday, October 20, 2024

### LA PORTE BY THE BAY

### HALF MARATHON

Sunday, November 17, 2024



**Awards**

Top overall males and females in each race, plus top three in the following age groups, will each receive a special commemorative award:

9 and under	35-39	65-69
10-14	40-44	70-74
15-19	45-49	75-79
20-24	50-54	80-84
25-29	55-59	85-89
30-34	60-64	90-94

*All results are based on chip time.*







## By Runners. For Runners.

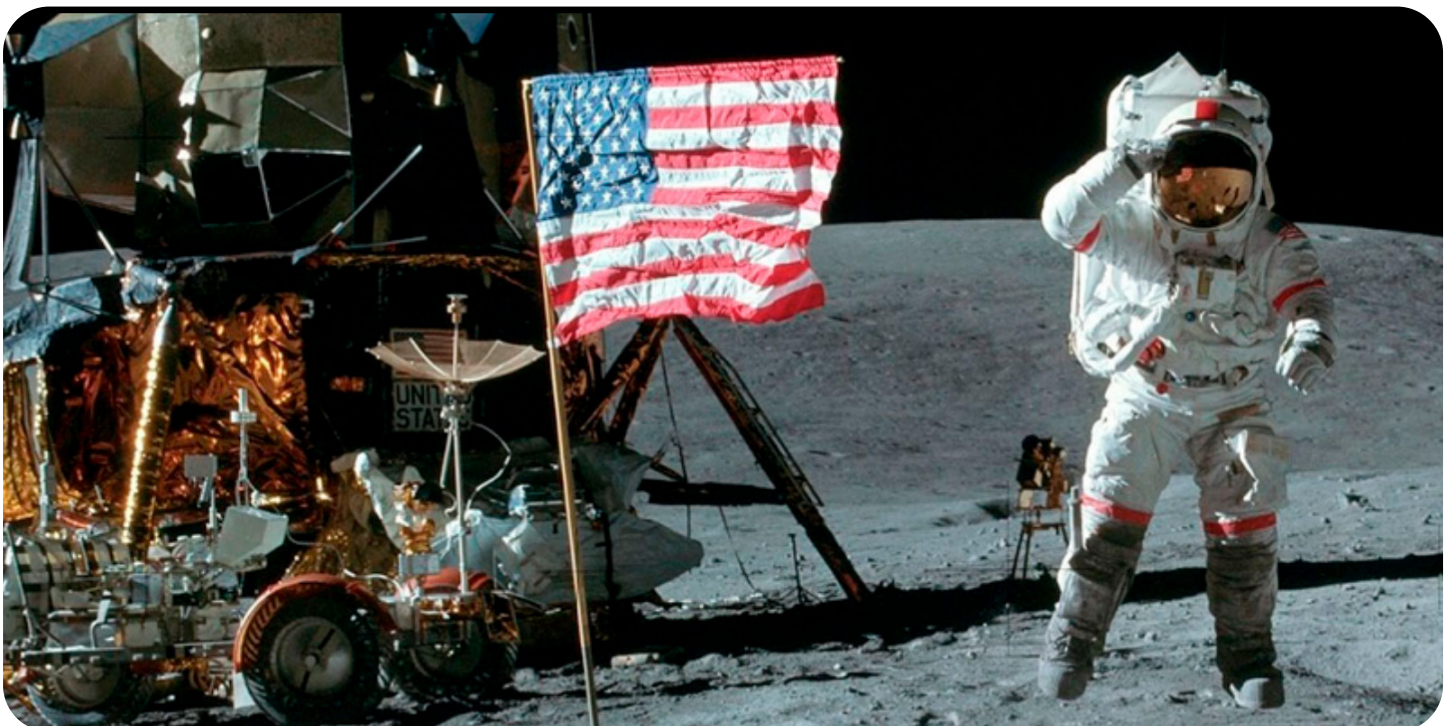
*We are a 501(c)(3) non-profit organization. Our motto is "By Runners, For Runners." At Running Alliance Sport (RAS) races, runners always come first. We put our hearts into creating, organizing, staffing, and managing these events. We do what we do because we are runners, and we love this community. Since the beginning, we have stood out from other race organizations by providing runners with a value experience. Once you race with us, we know you'll want to come back for more! RAS gives back to the community in every way we can. RAS donates all proceeds (that's everything after our "cost of production") to local charitable causes. Thanks for running our races and participating in our events.*

## About Us

Calling the greater Houston area home, Running Alliance Sport (RAS) is a not-for-profit event production company that has a passion for producing quality running events which in turn support local communities and its charities. RAS successfully works with city governments in Seabrook, Nassau Bay, Kemah, La Porte, Baytown, Galveston and Tiki Island to produce eight races annually from March to November that engages nearly 500 volunteers, sends over 10,000 runners and walkers across finish lines and has donated over \$1 million to local charities since its inception in 2011. For more information, please visit [runningalliancesport.org](http://runningalliancesport.org).

Net proceeds from the Lunar Landing Family Fun Run goes to local charities.

Participating in the Lunar Landing 5K and Kids 1K is a great way to celebrate one of mankind's greatest accomplishments.





THANK YOU

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Clear Lake City



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Speedy's Fast Track



[www.houstonfasttrack.com](http://www.houstonfasttrack.com)



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Official Race Photos will be available at [www.RaceShots.net](http://www.RaceShots.net)



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